

OUSD California Healthy Kids Survey (CHKS) 2021 Questions for students in grades 5-6

Are you male or female?

What is your race or ethnicity? (Please pick only one answer.)

What is your home language?

How long have you lived in the US?

What grade are you in?

Do you have an individualized education program (IEP) or receive special education services?

First, we'd like to learn more about your behavior, experiences, and attitudes related to school (either at school or online). Please answer how often you did the following during the past 30 days. During the past 30 days...

I came to class prepared.

I remembered and followed directions.

I got my work done right away instead of waiting until the last minute.

I paid attention, even when there were distractions.

I stayed calm even when others bothered or criticized me.

In this section, please think about your learning in general. Please indicate how true each of the following statements is for you:

I can change my intelligence with hard work.

I can increase my intelligence by challenging myself.

I am capable of learning anything.

I can do well in a subject even if I am not naturally good at it.

How confident are you about the following (either at school or online)?

I can earn an A in my classes.

I can do well on all my tests, even when they're difficult.

I can master the hardest topics in my classes.

I can meet all the learning goals my teachers set.

In this section, please help us better understand your thoughts and actions when you are with other people in person or online. Please answer how often you did the following during the past 30 days. During the past 30 days...

how carefully did you listen to other people's points of view?

how often did you compliment others' accomplishments?

how well did you get along with students who are different from you?

how clearly were you able to describe your feelings?

when others disagreed with you, how respectful were you of their views?

For the following questions, please think about your time at the school on school property or in online school sessions. If a question doesn't apply based on your learning environment, you can skip it. Please read every question carefully. Mark one choice for each question.

Do adults at school encourage you to work hard so you can be successful?

Do your teachers work hard to help you with your schoolwork when you need it?

Do teachers give students a chance to take part in classroom discussions or activities?

Do teachers go out of their way to help students?

Do you feel close to people at school?

Are you happy to be at this school?

Do you feel like you are part of this school?

Do teachers treat students fairly at school?

Does this school clearly tell students what would happen if they break school rules?

Are rules in this school made clear to students?

Do students know how they are expected to act?
Do students know what the rules are?
Do other kids hit or push you at school when they are not just playing around?
Do other kids at school spread mean rumors or lies about you?
Do other kids at this school ever tease you about what your body looks like?
Do other kids steal or damage your things, like your clothing or your books?
How safe do you feel when you are at school or in online school sessions?
Adults at this school step in to help when someone is being bullied.
I know where to go for help with a problem.
Most of the time when I am at school (on campus or during distance learning) I feel:
Yesterday, did you eat any fruit?
Yesterday, did you eat any vegetables? (For example, broccoli, carrots or lettuce)
Yesterday, how many times did you have drinks like soda, sports drinks, fruit punch or Kool-Aid?
Yesterday, how many cups of plain water did you drink?
How much time do you spend reading at home on a typical day?
Have any of your friends or family members ever died by violence?
In the past month, did you use marijuana (pot, weed, grass, hash, bud)?
In the past month, did you use an electronic cigarette?
In the past month, did you drink any beer, wine, or other alcohol?
I believe I will go to college and graduate from college.

OUSD California Healthy Kids Survey (CHKS) 2021 Questions for students in grades 7-8

Which of the following best describes you? (Check all that apply.)

What is your race or ethnicity? (Please pick only one answer.)

What is your home language?

How long have you lived in the US?

What grade are you in?

Do you have an individualized education program (IEP) or receive special education services?

What best describes where you live? A home includes a house, apartment, trailer, or mobile home.

Which of the following best describes your sexual orientation?

First, we'd like to learn more about your behavior, experiences, and attitudes related to school (either at school or online). Please answer how often you did the following during the past 30 days. During the past 30 days...

I came to class prepared.

I remembered and followed directions.

I got my work done right away instead of waiting until the last minute.

I paid attention, even when there were distractions.

I stayed calm even when others bothered or criticized me.

In this section, please think about your learning in general. Please indicate how true each of the following statements is for you:

I can change my intelligence with hard work.

I can increase my intelligence by challenging myself.

I am capable of learning anything.

I can do well in a subject even if I am not naturally good at it.

How confident are you about the following (either at school or online).

I can earn an A in my classes.

I can do well on all my tests, even when they're difficult.

I can master the hardest topics in my classes.

I can meet all the learning goals my teachers set.

In this section, please help us better understand your thoughts and actions when you are with other people in person or online. Please answer how often you did the following during the past 30 days. During the past 30 days...

how carefully did you listen to other people's points of view?

how often did you compliment others' accomplishments?

how well did you get along with students who are different from you?

how clearly were you able to describe your feelings?

when others disagreed with you, how respectful were you of their views?

For the following items, please think about your time at the school on school property or in online school sessions. If a question doesn't apply based on your learning environment, you can skip it.

How strongly do you agree or disagree with the following statements?

Adults at this school encourage me to work hard so I can be successful in college or at the job I choose.

My teachers work hard to help me with my schoolwork when I need it.

Teachers give students a chance to take part in classroom discussions or activities.

Teachers go out of their way to help students.

I feel close to people at this school.

I am happy to be at this school.

I feel like I am part of this school.

The teachers at this school treat students fairly.

This school clearly informs students what would happen if they break school rules.

Rules in this school are made clear to students.

Students know how they are expected to act.

Students know what the rules are.

How safe do you feel when you are at school or in online school sessions?

During the past 12 months, how many times on school property or in online school sessions have you...

Been pushed, shoved, slapped, hit or kicked by someone who wasn't just kidding around?

Had mean rumors or lies spread about you?

Had sexual jokes, comments, or gestures made to you?

Been made fun of because of your looks or the way you talk?

How strongly do you agree or disagree with the following statements?

School rules are applied equally to all students.

Adults at this school help students resolve conflicts through mediation/restorative justice.

My class lessons include examples of my racial, ethnic, or cultural background.

I have been disrespected by an adult at this school because of my race, ethnicity, or culture.

Adults get along well with students from different cultural backgrounds.

Teachers at this school have good relationships with the students.

During this school year, how often have you participated in Student Leadership clubs or extracurricular activities?

How strongly do you agree or disagree with the following statements?

Students at this school often call each other "faggot" or "gay" as an insult.

Adults at this school intervene when someone is being bullied.

During the past 30 days, on how many days did you not attend school because you felt unsafe at school (on campus or during distance learning)?

Do you consider yourself a member of a gang?

In my home, there is a parent or some other adult...

who is interested in my school work.

who listens to me when I have something to say.

I believe I will go to college and graduate from college.

In the past year, how often did you get the following types of care WHEN YOU NEEDED IT...

Medical care when you were sick, hurt or needed a check-up?

Counseling to help you deal with issues like stress, feeling sad, family problems, or alcohol or drug use?

Dental care for cleanings, toothaches or cavities?

Help with sexual health issues like birth control/condoms or testing for pregnancy/STDs?

Please rate how you feel about the following statements.

I know where to go for help if I am feeling stressed, anxious, sad, depressed or angry.

Which of the following services have you received from the School Health Center at your school? (Mark all that apply.)

How many times have you ever used the School Health Center at your school? (Check one.)

During the past 24 hours, how many times did you...

eat fast food?

drink a glass or can of sweetened soda (like Coke or Pepsi), a sports drink, or other sweetened soft drink (like Snapple)?

eat raw or whole fruit?

eat vegetables?

During the last month, were you ever hungry but didn't eat because your family didn't have enough food?

Yesterday, how many cups of plain water did you drink?

During the past 30 days, on how many days...

did you use tobacco/nicotine?

did you use marijuana (pot, weed, grass, hash, bud)?

did you have five or more drinks of alcohol in a row, that is, within a couple of hours?

During your life, how many times have you used marijuana (pot, weed, grass, hash, bud)?

During the past 12 months, did you ever...

feel so sad or hopeless almost everyday for two weeks or more that you stopped doing some usual activities?

seriously consider attempting suicide?

Have any of your friends or family members ever died by violence?

Have you ever been taught sex ed in school?

Do you feel confident that you could prevent pregnancy or a sexually transmitted infection in yourself or your partner?

Have you ever had sex with someone in exchange for money, drugs, food, place to sleep, etc?

How many times in your life did someone you were dating force you to have sexual contact that you did not want to have?

The last time you had sex, did you or your partner use... (Check one.)

How strongly do you agree or disagree with the following statements?

Students from different cultural backgrounds get along well at this school

Youth participate in making decisions at this school

I feel comfortable speaking up about school issues with adults at my school

During school (on campus or during distance learning), I do interesting activities.

In the past year, how many days have you stayed home or cut school because you are bored at school (on campus or during distance learning)?

During the past year, how many times did other students spread mean rumors or lies about you on social media?

How strongly do you agree or disagree with the following statements?

I know who I am and am proud of where I come from.

OUSD California Healthy Kids Survey (CHKS) 2021 Questions for students in grades 9-12

Which of the following best describes you? (Check all that apply.)

What is your race or ethnicity? (Please pick only one answer.)

What is your home language?

How long have you lived in the US?

What grade are you in?

Do you have an individualized education program (IEP) or receive special education services?

What best describes where you live? A home includes a house, apartment, trailer, or mobile home.

Which of the following best describes your sexual orientation?

First, we'd like to learn more about your behavior, experiences, and attitudes related to school (either at school or online). Please answer how often you did the following during the past 30 days. During the past 30 days...

I came to class prepared.

I remembered and followed directions.

I got my work done right away instead of waiting until the last minute.

I paid attention, even when there were distractions.

I stayed calm even when others bothered or criticized me.

In this section, please think about your learning in general. Please indicate how true each of the following statements is for you:

I can change my intelligence with hard work.

I can increase my intelligence by challenging myself.

I am capable of learning anything.

I can do well in a subject even if I am not naturally good at it.

How confident are you about the following (either at school or online).

I can earn an A in my classes.

I can do well on all my tests, even when they're difficult.

I can master the hardest topics in my classes.

I can meet all the learning goals my teachers set.

In this section, please help us better understand your thoughts and actions when you are with other people in person or online. Please answer how often you did the following during the past 30 days. During the past 30 days...

how carefully did you listen to other people's points of view?

how often did you compliment others' accomplishments?

how well did you get along with students who are different from you?

how clearly were you able to describe your feelings?

when others disagreed with you, how respectful were you of their views?

For the following items, please think about your time at the school on school property or in online school sessions. If a question doesn't apply based on your learning environment, you can skip it.

How strongly do you agree or disagree with the following statements?

Adults at this school encourage me to work hard so I can be successful in college or at the job I choose.

My teachers work hard to help me with my schoolwork when I need it.

Teachers give students a chance to take part in classroom discussions or activities.

Teachers go out of their way to help students.

I feel close to people at this school.

I am happy to be at this school.

I feel like I am part of this school.

The teachers at this school treat students fairly.

This school clearly informs students what would happen if they break school rules.

Rules in this school are made clear to students.

Students know how they are expected to act.

Students know what the rules are.

How safe do you feel when you are at school or in online school sessions?

During the past 12 months, how many times on school property or in online school sessions have you...

Been pushed, shoved, slapped, hit or kicked by someone who wasn't just kidding around?

Had mean rumors or lies spread about you?

Had sexual jokes, comments, or gestures made to you?

Been made fun of because of your looks or the way you talk?

How strongly do you agree or disagree with the following statements?

School rules are applied equally to all students.

Adults at this school help students resolve conflicts through mediation/restorative justice.

My class lessons include examples of my racial, ethnic, or cultural background.

I have been disrespected by an adult at this school because of my race, ethnicity, or culture.

Adults get along well with students from different cultural backgrounds.

Teachers at this school have good relationships with the students.

During this school year, how often have you participated in Student Leadership clubs or extracurricular activities?

How strongly do you agree or disagree with the following statements?

Students at this school often call each other "faggot" or "gay" as an insult.

Adults at this school intervene when someone is being bullied.

During the past 30 days, on how many days did you not attend school because you felt unsafe at school (on campus or during distance learning)?

Do you consider yourself a member of a gang?

Do you have someone (like a mentor) who advised and helped you think about your future, such as how to get a job, get job training, and/or go to college?

What do you plan to do after high school?

In my home, there is a parent or some other adult...

who is interested in my school work.

who listens to me when I have something to say.

I believe I will go to college and graduate from college.

In the past year, how often did you get the following types of care WHEN YOU NEEDED IT...

Medical care when you were sick, hurt or needed a check-up?

Counseling to help you deal with issues like stress, feeling sad, family problems, or alcohol or drug use?

Dental care for cleanings, toothaches or cavities?

Help with sexual health issues like birth control/condoms or testing for pregnancy/STDs?

Please rate how you feel about the following statements.

I know where to go for help if I am feeling stressed, anxious, sad, depressed or angry.

Which of the following services have you received from the School Health Center at your school? (Mark all that apply.)

How many times have you ever used the School Health Center at your school? (Check one.)

During the past 24 hours, how many times did you...

eat fast food?

drink a glass or can of sweetened soda (like Coke or Pepsi), a sports drink, or other sweetened soft drink (like Snapple)?

eat raw or whole fruit?

eat vegetables?

During the last month, were you ever hungry but didn't eat because your family didn't have enough food?

Yesterday, how many cups of plain water did you drink?

During the past 30 days, on how many days...

did you use tobacco/nicotine?
did you use marijuana (pot, weed, grass, hash, bud)?
did you have five or more drinks of alcohol in a row, that is, within a couple of hours?
During your life, how many times have you used marijuana (pot, weed, grass, hash, bud)?
During the past 12 months, did you ever...
 feel so sad or hopeless almost everyday for two weeks or more that you stopped doing some usual activities?
 seriously consider attempting suicide?
Have any of your friends or family members ever died by violence?
Have you ever been taught sex ed in school?
Do you feel confident that you could prevent pregnancy or a sexually transmitted infection in yourself or your partner?
Have you ever had sex with someone in exchange for money, drugs, food, place to sleep, etc?
How many times in your life did someone you were dating force you to have sexual contact that you did not want to have?
The last time you had sex, did you or your partner use... (Check one.)
How strongly do you agree or disagree with the following statements?
 Students from different cultural backgrounds get along well at this school
 Youth participate in making decisions at this school
 I feel comfortable speaking up about school issues with adults at my school
During school (on campus or during distance learning), I do interesting activities.
In the past year, how many days have you stayed home or cut school because you are bored at school (on campus or during distance learning)?
During the past year, how many times did other students spread mean rumors or lies about you on social media?
How strongly do you agree or disagree with the following statements?
 I know who I am and am proud of where I come from.